

Example 5a-
Example 5b-

The most striking difference as regards what we have been doing until now in the previous exercises would be the second and fourth sixteenth note, as before all the sixteenth notes were at the same distance from each other. Here, the second one gets closer to the backbeat eighth note, while the fourth sixteenth note will get closer to the first one of the following beat. This is the effect of the double triplets fill.

As regards the hand combinations, 1 and 2 would be the most advisable ones to be used within a musical context. The other four are much more technical.

Once you have a clear idea of the mechanics, try playing this same exercise, but this time with no fill.

Hand combinations

- 1- R L R L R L...
- 2- L R L R L R...
- 3- Fill with R, accents L
- 4- Fill with L, accents R
- 5- Everything with R
- 6- Everything with L